

Lessons

Music

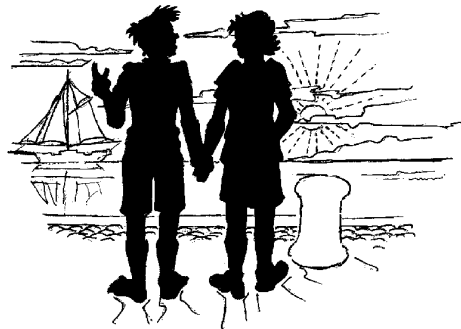
Links

Productions

SEASIDE

A Dance Project for Schools

Written by Barbara Lipscomb





THE SEASIDE

A Primrose Primary School Dance Project

Written by Barbara Lipscomb

Illustrations by Lastwolf

Music by David Harry

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Introduction



The purpose

of the Primrose Primary School Dance Projects is the provision of a series of topics developed into creative dance lessons.

The topics are chosen to match the age, ability and interests of the primary school child.

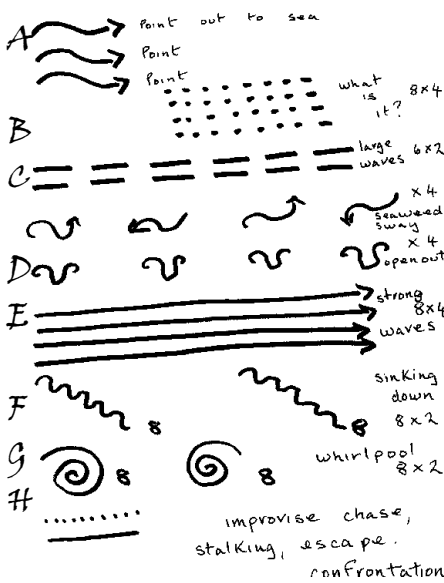
Preparatory visits and a variety of classroom activities can augment the pupils understanding of the topic.

The topics are broken down into component parts which are set out in a simple structure for a dance lesson.

An accompanying CD has music which has been created specifically around the topic. The music can be used as stimulus or as an atmospheric background. Some tracks provide precise rhythms to discipline the dance. Copyright provision with this pack permits you to make a copy of the CD onto cassette for use in your classes if you wish.

Dance Map

Sea Life



A Music and Dance Map gives guidance to the teacher on the construction of the music and the pattern of the dance. Small maps can be used by teacher and class to plot out the music and their dance ideas.

The teacher and class can use their experiences gained during the lessons to construct a cohesive dance production to show the school, parents and public the skills and knowledge they have acquired.



Audio tape



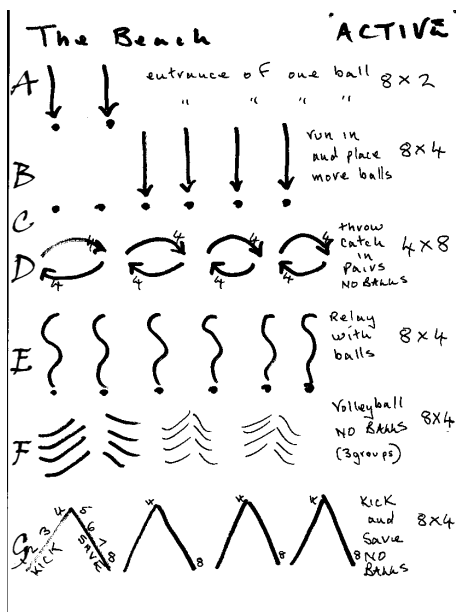
The accompanying Music

has been created by exciting young composers who have immersed themselves into the topics of each project.

The music is attractive and atmospheric, it can be used to stimulate reactions or as background music, It has been composed with dance needs in mind and can cue actions and discipline sequences.

Some teachers prefer to use the music first, to set the scene and stimulate the class. Others save it until later in the lesson. There is no rule, other than that which respects the shape and sentiment within the music.

Dance Map



Primrose introduces the "MAD MAP" as a unique tool for the teacher and class. This Music and Dance Map enables you to discover the power of "doodling"! Let your pencil flow over your page to the music. Then let it float again and again. Soon you will begin to notice the structure of the music. A pattern and shape emerges and then you can section in your dance movement ideas. The map shows the music and the dance.

use a blackboard or similar and it will become the cue sheet for the class. This mapping activity is popular with class and teacher.

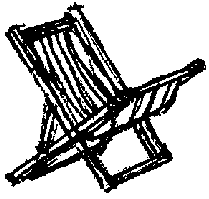
Many of the dance lessons in the Seaside project provide examples of MAD MAPS, one or two are left up to you to have fun with - you will be able to design your own in no time.



research

visits

activities



Introductory research, visits and classroom activities

Our model shows how each part of the topic can be researched and recorded. Suggestions of school visits and classroom activities are offered as prompts. They are not prescriptions but simply hints to stir your imagination.

The visits could be made by the whole class or be reported back following a family experience. (It is unlikely that everyone will have foreign holidays - but someone might have been to somewhere very hot and can describe the need for suncreams etc.).

The well-trained teacher knows how to develop the creative writing, the design and technology, the historical environmental possibilities and can check the reference within the National Curriculum to match attainment targets for the age group.

The Primrose Primary School Dance Project illustrates the investigation into a topic and the knowledge and skills involved. Dance is very much part of the education process and a most enjoyable one when the music and dance depict a topic which captivates the children's interest.

Co-operation, collaboration, communication, co-ordination, composition, construction are all part of dance education.



Visits

Lessons topics

Activities



With school and/or family

VISIT

ZOO
AQUARIUM
FISH TANK
POND
SEASIDE-BEACHCOMB

LIGHTHOUSE
MARITIME MUSEUM
LIFEBOAT STATION

LEISURE-CENTRE
BEACH HOLIDAY
POSTCARDS
HOME OR ABROAD

THEME PARK
LOCAL FAIRGROUND
TRAVELLING FAIR

BOWLING ALLEY
VIDEO GAMES
COMPUTER GAMES

'DISNEY WORLD'
THEME PARK
LOCAL FAIR

SCHOOL FETE
FAMILY PICNIC

SCHOOL SOCIETY
FAMILY PARTY
(WEDDING?)

WALK
TAXI
CAR
COACH
TRAIN
PLANE

SEALIFE

THE ROCKS

THE BEACH

THE FAIRGROUND

THE ARCADES

SHOWGROUND

BARBEQUE

LETS DANCE

GO HOME

ACTIVITY

draw fish
paint pictures
make frieze
table-top-display

ship models
sculpture mermaid
poetry

play ball games in PE
healthy skin project

design big wheel and
roundabout
write about country
fairs of the past

make a skittle alley
evaluate video and
computer games

make a tape recording
of stallholders calls
dress up as gypsies

make sandwiches
butter scones
grill burgers
prepare salad

research social dance
Folk, Square
Rock 'n' Roll

make a bus or
train timetable

LESSON 1

SEA LIFE

Beauty & the Beast



1. Run and stop

Fleet-footed running into spaces. Focus on the control needed to stop in a balanced way, look for interesting stillness positions.

2. Swaying

Freeflowing flexible movements causing the body to sway into different directions. Aim for softness in actions.

3. Opening and Closing

Contract the whole body first, then open out unfolding, expanding. Emphasise opening into different levels.

4. Pressing Power

Strong, firm, powerful forcing forward with palms of hands. (count 4 for each advance)

5. Sinking Actions

Arms then knees initiate the sinking down (count 8 for each action)

6. Spinning

Turning, revolving, spinning quickly.

7. Quick or Slow

Choose! Escape quickly or stalk stealthily.

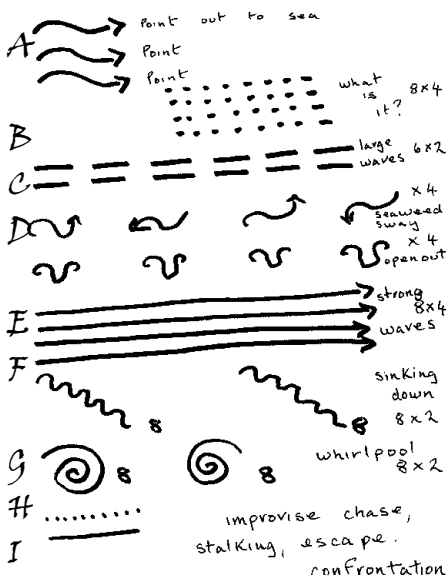
8. THE DANCE listen to music and discuss

Identify the sections.

- A. Walk on the beach, point!
What is in the sea?
- B. Large waves 6 x 2
- C. Seaweed swaying x 4
- D. Flowers blooming x 4
- E. Powerful waves 8 x 4
- F. Sinking down 8 x 2
- G. A whirlpool 8 x 2
- H. Small fish escaping from attacker
- I. Eye to eye contact

Dance Map

Sea Life



use the movements learnt in the lesson to react, perform in the dance. Help with the recognition of the sections.